One Sheet: Local Resources Template for New Adopters

Certified Professional Trainers: Professionals who are local to the shelter or rescue organization who can help with manners related issues, like sit, down, stay, leave it, stop jumping, leash reactivity, etc. They can often assist with some anxiety driven behaviors, but they are certified in training manners.

Look for memberships with Pet Professional Guild (PPG); Association of Pet Dog Trainers (APDT) and/or International Association of Animal Behavior Consultants (IAABC). Look for certifications, including Council of Certified Professional Dog Trainers (CPDT-KA and CPDT-KSA), Karen Pryor Academy (KPA-CTP), Academy of Dog Trainers (CTC), and graduates of the Victoria Stilwell Dog Training Academy.

Behavior Consultants: Professionals who often have a dog training background so can teach the skills listed above but also are proficient in anxiety (separation anxiety; noise phobias; etc.), aggression, frustration, nervousness around people and/or dogs, and get to the root of the anxiety, not just teaching, "sit, down, stay".

Look for membership with International Association of Animal Behavior Consultants (IAABC) and / or Pet Professional Guild (PPG); certification in behavior with CCPDT (**CBCC-KA**); IAABC (**CDBC**);

Veterinary Behaviorists: DACVB.org

Classes in the area: Look for "fear free," science-based trainers, and / or certified professional trainers as mentioned above. Some great places I love: Everydog Training Center in Danvers; Bark-n-Roll in Reading; Metropets in Natick; Canine University in Malden/Melrose; New England Dog Training Club in Cambridge/Belmont; All Dogs Gym in NH; Fit'n'Trim in Rowley; Pet Republic in Cambridge; Animal Rescue League in Boston; MSPCA in Boston (and others!)

Veterinarians: Look for fear free veterinarians.

Boutiques and pet supply stores in the area: Buy local!

Sports: It's always nice to have a list of places for people to get agility, nosework, and other sports-related training if the clients are interested. Consider adding those here.

Resources for shelters, rescuers and pet owners:

Fear related behaviors:

- Debbie Jacobs, Fearfuldogs.com
- Jessica Dolce, DogsInNeedOfSpace.com
- Patricia McConnell, The Cautious Canine

Separation Anxiety:

- Malena DeMartini : https://malenademartini.com/ (online training and help)
- Nicole Wilde: "Don't Leave Me" book
- Seek the aid of a certified professional dog trainer or behavior consultant

Online Resources:

- Humane Society
- ASPCA.org
- ASPCA App (poison control; what human foods can harm dogs; what happens if dog eats a plant that might be poisonous)
- MAC (Bully Breed resources, Animatch, Renting with pets, etc)
- Pet Professional Guild (PPG: Free membership to dog owners, online webinars, etc).

Find a Trainer / Consultant / Veterinary Behaviorist

- <u>CCPDT.com</u> (trainers: CPDT-KA / CPDT-KSA) (behavior consultants: CBCC-KA)
- <u>IAABC.org</u> (Behavior Consultants: CDBC)
- https://karenpryoracademy.com/ (KPA-CTP)
- http://dacvb.org/ (Board certified veterinarians in behavior)
- https://positively.com/ (VSA, Victoria Stilwell dog trainers and resources)

Other Books:

- Melissa McCue-McGrath Considerations for the City Dog. A resource guide for pet owners, including how to find a dog walker, pet sitter, dog trainer, what happens when an off-leash dog charges your on-leash dog, how to find reliable help. Good for all dog owners, but with an urban / suburban dog owner in mind)
- Patricia McConnell *The Other End of the Leash*. A book that is recommended for everyone who has ever looked at a dog. How we humans look at things from a human perspective, but might not take the time to think of things from a dog's perspective.
- Alexandra Horowitz Being A Dog: Following A Dog Through The World of Smell. We see things through our eyes, but dogs "see" things through their noses. How important is it for dog guardians to let them sniff and check their pee-mail? Pretty dang important.
- **John Bradshaw** *Dog Sense*: How the science of dogs started with dominance theory, and how we got it wrong. Dogs are not wolves, but they are not tiny humans, either. Where do they fit and how can we make their lives better with us?

Handouts in Slideshow:

• https://drsophiayin.com/blog/entry/free-downloads-posters-handouts-and-more/